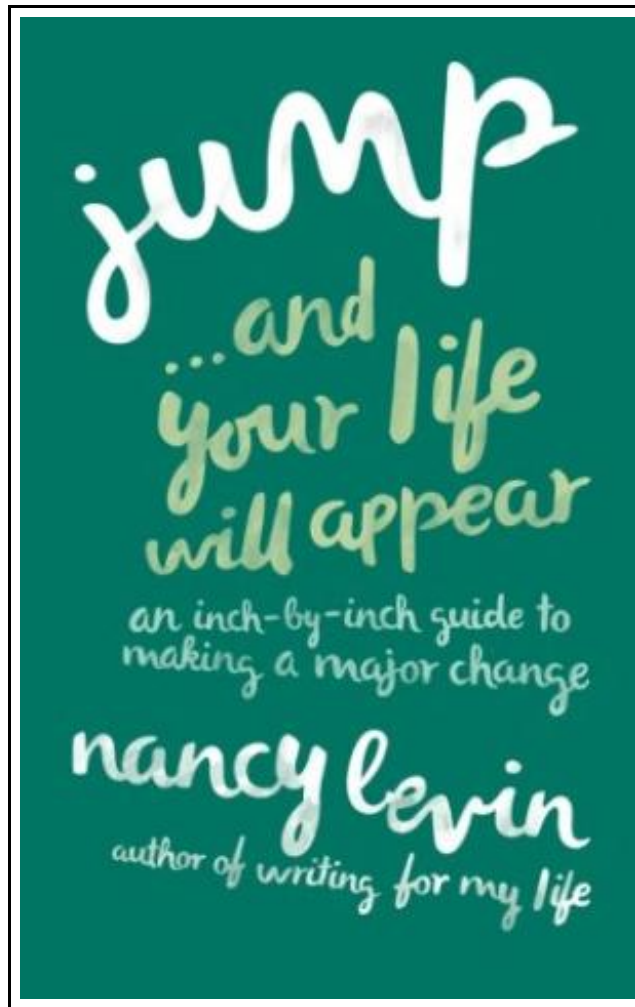


## Jump and Your Life Will Appear: an Inch-by-Inch Guide to Making a Major Change



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