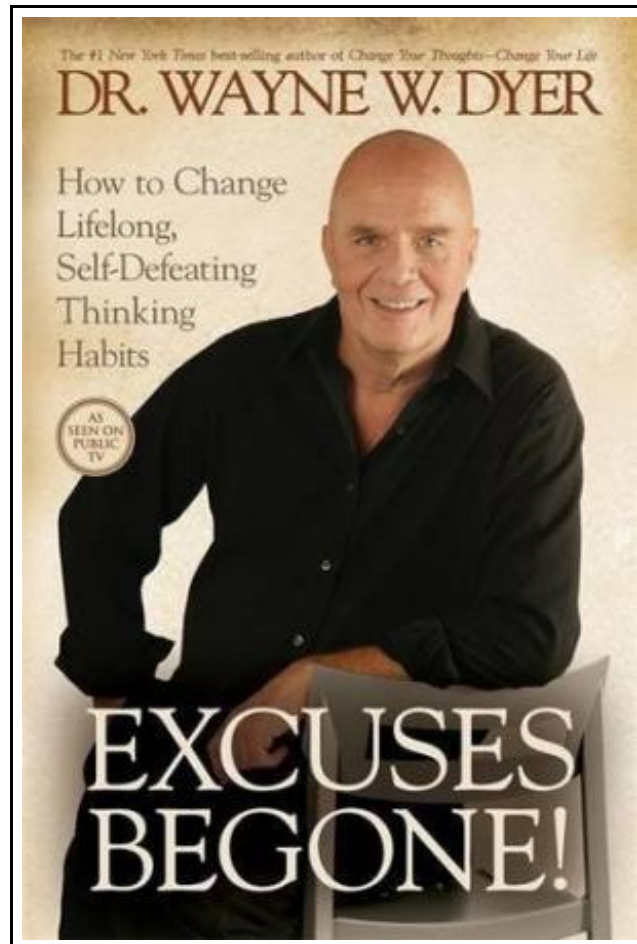


## Excuses Begone!: How to Change Lifelong, Self-Defeating Thinking Habits



Filesize: 2.71 MB

### ***Reviews***

*Extensive manual! Its this type of great read through. This can be for all who statte there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.  
(Dr. Furman Becker V)*

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Hay House Inc, United States, 2012. DVD video. Book Condition: New. 190 x 135 mm. Language: English . Brand New Book. In this transformational lecture (taped live on the campus of the California Center for the Arts in Escondido, California). Dr. Wayne W. Dyer reveals a powerful process for changing limiting habits that keep us from living at our highest potential. Wayne s approach is simple and very effective: identify those excuses that are self-defeating and turn them around by consciously choosing a new way of thinking. He has identified key excuses that many of us have used for years to keep from moving forward in life; and provides scientific, psychological, literary, poetic, and philosophical explanations for why these excuses do not have to be the roadblocks we think they are. Wayne also presents a breakthrough Excuses Begone! Paradigm featuring four questions to unlock a stuck mind into new realms of possibility! Includes bonus material not seen on TV: Wayne shares more on the link between excuses and ancient wisdom texts and is joined onstage for a musical encore with renowned musician and inspirational burn survivor Dan Caro.



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