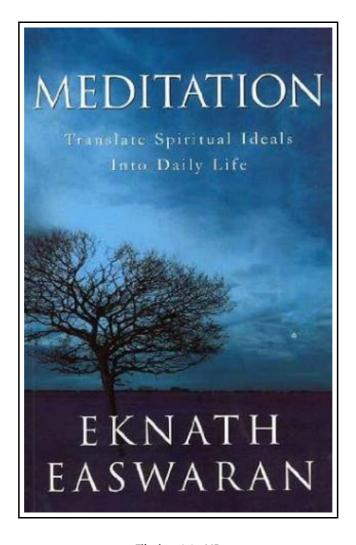
## Meditation: Bringing the deep wisdom of the heart into your daily Life



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